



Enough Is Enough

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The radio program discussed whether Americans thought they were better or worse off today than one year ago. As you might expect, opinions were divided. Some believed we were better off—inflation had dropped 6 percentage points to about 3 percent, and while prices were higher, so were most wages. Others believed the opposite—many costs had risen, especially food, as well as big-ticket items like homes and cars. One of the panelists then suggested what she knew would be an unpopular opinion: while there were many still struggling to make ends meet and did not have enough, there were others who, because of the pandemic supplement, began to overspend and now could not maintain their lifestyle. Her opinion was that, for many, it was not an issue of having enough, but rather wanting too much and a lack of proper budgeting.

When Jesus fed the people gathered by the mountain, he provided not a feast but bread and fish, which was enough for them all. This is how God feeds us each day, with enough. We rise each morning sleepy, yet with enough energy to get us through the day. Our health may not be what it once was, but there is enough to keep us going. Our prayer may seem routine and lacking in heavenly inspiration, but somehow it seems to be enough for us to continue living with faith. God does feed us, not always with the abundance we may desire, but always with enough of what we need. ●

Reflect

***How does God feed you with what you need?
Is it enough?***



[The disciples] filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat.

JOHN 6:13