



The Wisdom Meal

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Common sense and wisdom are two different realities, similar but not the same. Common sense can be taught, and it tends to be black and white, rather obvious. For the most part, parents teach their children common sense. *Don't run with a knife in your hands. Look both ways before you cross the street. Wash your hands before you eat.* Wisdom, on the other hand, tends to be more nuanced. It has a depth to it that cannot be taught. Rather, it is learned by experience and is more obscure than obvious. Sometimes, wisdom may not even seem to make sense. *One finds life by losing it. We find meaning not by focusing on ourselves but rather upon others and their needs. Less is more. Might does not make right.* Wisdom is the home of God.

Throughout Scripture, the virtue of wisdom is often personified as Lady Wisdom. She is thought to have been present with God even before creation and with God at creation (Proverbs 8:22–31). Wisdom has spread her table before us and invites us: “Come, eat of my food, / and drink of the wine I have mixed!.... / advance in the way of understanding” (Proverbs 9:5–6). Jesus is the wisdom of God made flesh. To feast on Jesus’ Body and Blood through the Eucharist is to feast on the wisdom of God. There, at his table, we begin to look at life the way God does. ●

Reflect

When faced with difficulties, do you stop and pray for wisdom—to see as God sees?

**“Forsake foolishness that you may live;
advance in the way of understanding.”**

PROVERBS 9:6

