Dear Padre,

What is spiritual direction? How does it differ from counseling?

In spiritual direction, a person is guided in a process of reflection, self-discovery, and recognition of God's presence in human experience; the primary focus is on one's relationship with God. Thus, in one sense, it is the Lord himself who is the "director" in all spiritual direction. In counseling, a person is also guided in a process of reflection and self-discovery; but the primary focus is on human growth and development. Counseling does not presuppose a person's faith or relationship with God: spiritual direction cannot be complete without it. Both spiritual direction and counseling



share the same expectations of openness and honesty in the process; they share the same standards of confidentiality and professional conduct. Moreover, spiritual direction is similar to counseling in its aim toward human growth and development, but it further aims toward holiness and "toward ever more intimate union with Christ" (Catechism of the Catholic Church, 2014). That union is twofold: a personal relationship with Christ and with Christ's Church. "This union is called 'mystical' because it participates in the mystery of Christ through the sacraments" (CCC 2014). "All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of charity. All are called to holiness: 'Be perfect, as your heavenly Father is perfect'" (CCC 2013).

Weekday

Lk 8:19-21

Eccl 1:2-11

Lk 9:7-9

Fr. Byron Miller, CSsR / DearPadre.org



A WORD FROM POPE FRANCIS

Greatness and success in God's eyes are measured differently: they are measured by service. Not on what someone has, but on what someone gives. Do you want to be first? Serve [Service] has a precise and concrete meaning in the Gospel. To serve is not a courteous expression: it means to act like Jesus.

ANGELUS, ROME, SEPTEMBER 19, 2021

and the second second second
Friday
September 27
St. Vincent de Paul, Priest
Eccl 3:1-11
Lk 9:18-22
Saturday
September 28

Weekday Prv 21:1-6, 10-13 Eccl 11:9-12:8 Lk 9:43b-45

Wednesday Sunday September 25 September 29 Twenty-sixth Sunday Weekday Prv 30:5-9 in Ordinary Time Lk 9:1-6 Nm 11:25-29 Jas 5:1-6

Thursday Mk 9:38-43, 45, 47-48 September 26 Weekday

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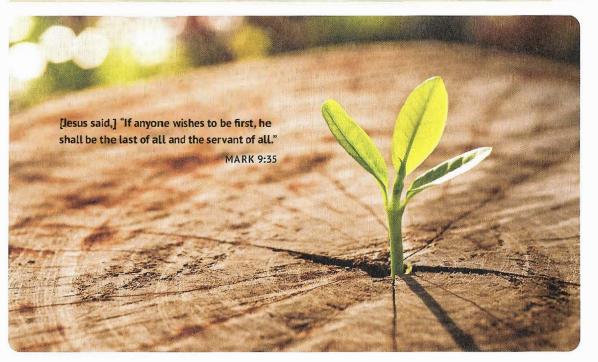
Our Parish

September 22, 2024

Twenty-fifth Sunday in Ordinary Time (B)

Wisdom 2:12, 17-20 / James 3:16-4:3 / Mark 9:30-37





Learning How to Die Well

FR. JOSEPH JUKNIALIS

arl Rahner was a German Jesuit priest and a leading theologian of the twentieth century. He once observed that one of the tasks of life is to learn how to die well. On first hearing this, we may be much like the disciples who didn't understand Jesus when he spoke of his own need to enter death (see Mark 9:31–32). How do we learn to "die well"? If we forgo the need to always have our own way, if we forgive and resist the impulse to get revenge, if we are sensitive to the needs of others even when it's inconvenient, if we care for the child among us, whether that "little one" be five, forty-five, or eighty-five—if we practice a willingness to die in such ways, then when it comes time for us to make that final journey of our earthly lives, it will not be as frightening because we will have been there before.

Furthermore, if we learn how to die well, our lives will take on new meaning. The focus of our lives will not be on ourselves, but on others and their needs. We will find ourselves less disappointed when life doesn't go our way. Blue moods will evaporate more readily. We will have a greater interest in daily life. In other words, the very aspects that once seemed to drag us down will become doorways to hope and renewed life. What once seemed to have been a kind of death will become an avenue to faith in the resurrection.

Reflect

Have you ever "died to yourself" and then experienced a resurrection?



Sacred Heart of Jesus & Mary at Waimea

GOD IS MY HELPER THE UPHOLDER OF LIFE.

St. Theresa Parish

Established January 21, 1941 P.O. Box 159, Kekaha, HI 96752



Vision / Mission Statement

To make St. Theresa Parish a dynamic Christian community of worship & service



St. Theresa School at Kekaha



Parish Directory

Clergy

Reverend Edwin D. Conselva, MS.

808-337-1784 Pastor Deacon Bambi Emayo 808-645-1740 Deacon Ron Iones 907-978-4018 Deacon Iim Bostick, retired 808-337-1124

Parish Office

Mass Intentions / Hospital Communion / Weddings / Marriage Convalidation / Baptisms / **Funerals**

Dee Young, Parish Secretary 808-337-1548 M-F, 8am-noon sttheresac@yahoo.com

PPC Raynette Newall

Worship / HI Catholic Herald articles

Chantal Duarte 808-634-0403

Bulletin / Website Betsy Jones 907-347-6618

Evangelization Commission Director of Religious Education

Sr. Gloria Camitan, O.P. 808-337-1548

808-651-9725 OCIA Clarissa Emayo

Social Services Commission

Respect Life call parish office 808-337-1548 Agency on Elderly Affairs 808-241-4470

St. Theresa School

Principal David Verdugo 808-337-1351 M-F, 7:30am-3:00pm sttheresakauai.com

25th Sunday in Ordinary Time September 22, 2024

"If anyone wishes to be first, he shall be the last of all and the servant of all." Mark 9:35

Jesus teaches us that we are called to love one another. Love involves sacrifice.

Sacrifice is a word that many of us don't like to hear. We think it means that we must give up something that we want. However, the literal meaning of sacrifice is "to make holy," from the words "sacer" = sacred and "facere" = to make.

In other words, when we sacrifice, we make our lives **holy** by sharing our gifts in the service of God.

~ Archdiocese of St. Louis

St. Theresa Church - Kekaha

Sat 5pm Vigil Mass Sun 7:45am Rosary, 8:30am Mass Weekdays 6:30am Mon-Thu,

> 8:10am Fri (all are welcome to the weekly School Mass on Friday)

Wed 6pm Rosary to Our Lady of Fatima & Novena to OLPH

First Friday Holy Hour 6-7pm with Exposition of the Blessed Sacrament & Benediction

Sacred Heart of Jesus & Mary Church - Waimea

Sun 7am Mass

First Saturday Devotion to the **BVM** 8-9am

Confessions

Please call the parish office at 808-337-1548 to schedule an appt.

> View the bulletin in color at kekahacatholic.com

STEWARDSHIP OF TREASURE

† Mahalo for being as generous as your means allow. 🕆

Sunday Offerings

Kekaha \$ 1.750 Waimea \$ 1.120

Other Donations

Candles 76 Catholic Charities HI \$ 30 42 Catholic University Cross We Share 310 Maintenance Fund \$ 1,423

God bless you!

St. Theresa Parish Annual Finance Report FY-24 (July 1, 2023 - June 30, 2024)					
				Budgeted	Actual
			Total Income	\$270,300	\$272,507
Total Expense	\$294,534	\$264,216			
Net	-\$24,234	\$8,291			



Month of the Holy Rosary

We invite you to open your home in October to having the rosary prayed with those that wish to join. See the usher's table as you exit Church; today is the deadline to sign up.

Priesthood Sunday September 29



Thank you, Father Edwin, for shepherding this flock. May God continue to bless you in your ministry!

{Please take time to express your gratitude to our pastor.}

Join the Kauai Youth Vicariate for a youth social on Sunday, Sep 29 from 2pm to 4pm at Immaculate Conception Church in Lihue, followed by a youth Mass at 4:30pm. Contact our parish Youth Coordinator Rena Ulanday at 808-635-2701.

The annual Public Square Rosary will be held Saturday, October 12 on the lawn in front of Sacred Heart of Jesus and Mary Church at Waimea. Bring your rosary, chair, umbrella and water. Pray the Rosary for America! As human efforts fail to solve America's key problems, we turn to God through His Holy Mother asking His urgent help.



Novena to St. Therese of Lisieux

Sun, Sep 22nd thru Mon, Sep 30th Oct 1st is the Feast Day of St. Therese, our parish patron saint. Holy Rosary prayed 45 minutes before

Mass on Sun, Sep 22 & 29 and on Sat, Sep 28...and at 6pm weekdays.

MINISTRY NEWS

K-12 Religious Education Parent/Student Orientation September 26 at 6pm at St. Theresa School.

> RE classes begin October 3. Enrollment forms are available at the back of Church or electronically on our parish website:

kekahacatholic.com/about-us/latest-news/.

Youth Ministry Grades 6-12 will meet in the parish hall following 8:30am Mass on the 1st and 3rd Sundays of each month beginning October 6.

OCIA (Order of Christian Initiation of Adults) Classes will meet in the parish hall on the 1st and 3rd Wednesdays of each month beginning October 2.

Choir practice Thursdays at 4:30pm at STC. All are welcome.