

# Dear Padre,

*My ex broke up with me. I find myself hoping he gets subjected to the same emotional pain as I have. I hate feeling this way, so how do I ask God to take away this pain and help me forgive my ex?*

What you are sharing is your hurt and confusion. Although your boyfriend was ready to end the relationship, you were not. It seems you are still not ready to move on. That is OK. Everyone has his or her own manner of dealing with disappointment, and there is no perfect timeframe.

More than your boyfriend's suffering, you desire freedom for yourself and a return to a healthy sense of your own personhood. You perceive him as happy and perhaps wonder how that's possible while you are still struggling. This is all very normal, and it's part of the process we all experience when an important relationship changes.



You will work through this. You will love again. You will no longer be triggered by strong feelings when you encounter him in the future. But you are going to have to do the hard work of growing, maturing, and learning to let go. Begin by praying for his well-being. And if you can't do that, ask God for the grace to want to pray for his well-being. Certainly, the Lord will help you, but he won't magically take away your pain. There are no shortcuts. ●

Fr. Thomas M. Santa, CSSR / DearPadre.org

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February 24	February 25	February 26	February 27	February 28	March 1	March 2
Weekday	Weekday	Weekday	Weekday	Weekday	Weekday	Eighth Sunday in Ordinary Time
Sir 1:1–10	Sir 2:1–11	Sir 4:11–19	Sir 5:1–8	Sir 6:5–17	Sir 17:1–15	Sir 27:4–7
Mk 9:14–29	Mk 9:30–37	Mk 9:38–40	Mk 9:41–50	Mk 10:1–12	Mk 10:13–16	1 Cor 15:54–58
						Lk 6:39–45



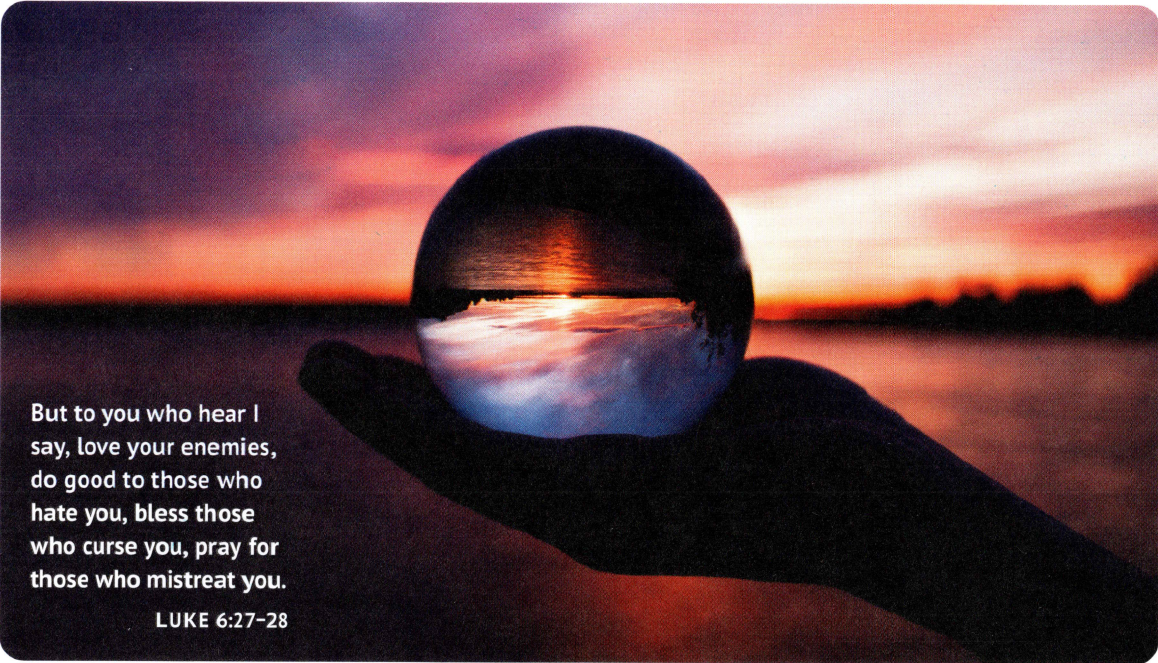
## A WORD FROM POPE FRANCIS

*Turning the other cheek is not the withdrawal of the loser, but the action of one who has a greater inner strength. [It] means defeating evil with goodness, which opens up a breach in the heart of the enemy, unmasking the absurdity of his hatred. And this attitude...is dictated not by calculation or by hatred, but by love.*

ANGELUS, ROME, FEBRUARY 20, 2022

# Our Parish COMMUNITY

February 23, 2025  
Seventh Sunday in Ordinary Time (C)  
1 Samuel 26:2, 7–9, 12–13, 22–23 / 1 Corinthians 15:45–49 / Luke 6:27–38



**But to you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.**

LUKE 6:27–28

# A New World Order

FR. JOSEPH JUKNIALIS

**T**he American experiment of 1776 ushered in the dawn of a new world order, one that would redefine how nations functioned and interacted. The computer age brought about an upheaval in how we interact with one another personally—a new world order in human communication. Saint Paul wrote to the Corinthians about how Adam was the first being who ushered in human life, and how Jesus was the new Adam, who ushered in a new life-giving spirit. Jesus initiated a new world order, one that redefined what it meant to be human and contained a new spiritual dimension. “Love your enemies, do good to those who hate you...give to everyone who asks of you...do to others as you would have them do to you.... Be merciful, just as [also] your Father is merciful” (Luke 6:27–36).

The fact that there are many who think this is not a practical or useful way to live—to say nothing of whether it is desirable or even possible—does not negate its power to transform human relationships as well as our very own spirits. None of us do it as well as we might hope, which only attests to the fact that we live with a foot in each of two worlds—the earthly one and the heavenly one. Empowered by God's Spirit, we are still growing into the people God created us to be. ●

## Reflect

**Is there someone you are struggling to forgive? What is stopping you?**

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**Sacred Heart of Jesus & Mary at Waimea**



# St. Theresa Parish

Established January 21, 1941  
P.O. Box 159, Kekaha, HI 96752



**Vision / Mission Statement**  
*To make St. Theresa Parish  
a dynamic Christian community of  
worship & service*



**St. Theresa School at Kekaha**



## STEWARDSHIP OF TREASURE

† Mahalo for being as generous as your means allow. God bless you! †

### Sunday Offerings

Kekaha \$ 1,602.24  
Waimea 675.00

### Other Donations

Augustine Educational Foundation \$ 30  
Candles 25  
Cross We Share 350  
Flowers 60  
Kiawe Chicken Sales 3,450  
~ Donations 170  
Maintenance Fund 1,235  
Mass Intentions 30



**JUBILEE 2025**  
[jubilaum2025.va/en.html](http://jubilaum2025.va/en.html)

**Pope Francis** calls for “signs of hope” in the Jubilee Year, including the desire for peace in the world, openness to life and responsible parenthood, and closeness to prisoners, the poor, the sick, the young, the elderly, migrants and people “in difficult situations.” “Pilgrims of Hope” is a year of hope for a world suffering the impacts of war, the ongoing effects of COVID-19 pandemic, and a climate crisis.

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

### Adult RE: Our Saints

**Mon, Feb 24 at 6pm – Mother Teresa**  
All are welcome! 4526B Alae Rd, Kekaha

*This is the final session of Adult RE: Our Saints.*  
*A six-week Adult RE Lenten study begins Mon, Mar 10.*

Please contact Chantal Duarte via text at 808-634-0403 or via email at [chantal\\_duarte@yahoo.com](mailto:chantal_duarte@yahoo.com) and our Prayer Warriors will pray for your special needs. God hears and answers our prayers.

### MINISTRY NEWS

**K-12 Religious Education** Classes meet Thursdays at 6:30pm.  
**Youth Ministry** Grades 6-12 meet in the parish hall following 8:30am Mass on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays.  
**OCIA (Order of Christian Initiation of Adults)** Contact Deacon Ron if you are interested. Call or text 907-978-4018.  
**Choir practice** Thursdays at 4:30pm at STC. All are welcome.

**\*\* Worship meeting Tue, Feb 25 at 6pm. \*\***

## Parish Directory

### Clergy



Reverend Edwin D. Conselva, MS,  
Pastor 808-337-1784  
Deacon Ron Jones 907-978-4018  
Deacon Jim Bostick, retired 808-337-1124

### Parish Office

**Mass Intentions / Hospital or Homebound  
Communion / Weddings / Marriage  
Convalidations / Baptisms / Funerals**  
Dee Young, Parish Secretary 808-337-1548  
M-F, 8am-noon sttheresac@yahoo.com

**PPC** Raynette Newall

**Worship / HI Catholic Herald parish articles**  
Chantal Duarte 808-634-0403

**Bulletin / Website** Betsy Jones 907-347-6618

### Evangelization Commission

**Director of Religious Education**  
Sr. Gloria Camitan, O.P. 808-337-1548

**OCIA** Deacon Ron Jones 907-978-4018

**Youth Coordinator**  
Rena Ulanday 808-635-2701

### Social Services Commission

**Respect Life** call parish office 808-337-1548  
**Agency on Elderly Affairs** 808-241-4470

### St. Theresa School

**Principal** David Verdugo 808-337-1351  
M-F, 7:30am-3:00pm sttheresakauai.com  
**HCH school articles**

**7<sup>th</sup> Sunday in Ordinary Time**  
**February 23, 2025**

**But rather, love your enemies and do good to them, and lend without expecting anything back...**  
*Luke 6:35*

Easier said than done, right?  
But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently.

Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person.

Praying for our enemies doesn't change them, it changes us. Mercy and compassion will keep us on the path to holiness.

~ Archdiocese of St. Louis



### St. Theresa Church – Kekaha

**Sat 5pm Vigil Mass**  
**Sun 7:45am Rosary, 8:30am Mass**  
**Weekdays 6:30am Mon-Thu,**  
**8:10am Fri** (all are welcome to attend the School Mass each Friday)

**Wed 6pm Rosary to Our Lady of Fatima & Novena to OLPH**  
**First Friday Holy Hour 6-7pm** with Exposition of the Blessed Sacrament & Benediction



### Sacred Heart of Jesus & Mary Church – Waimea

**Sun 7am Mass**  
**First Saturday Devotion to the BVM 8-9am**

### Confessions

**Saturdays at 4:30pm** or call the parish office to schedule an appt.

[View the bulletin in color at kekahacatholic.com](http://View the bulletin in color at kekahacatholic.com)

### ASH WEDNESDAY ~ MARCH 5

*NO 6:30am Mass*

**8:10am School Mass at STC**  
(all are welcome; no School Mass on Fri 3/7)

**6pm Mass at STC**

**Distribution of ashes at both Masses.**

### Prepare your heart for Easter

**STATIONS OF THE CROSS at STC**  
**Fridays during Lent at 6pm**  
**Mar 7 – Apr 11**

**FIRST FRIDAY HOLY HOUR at STC**  
**Mar 7 & Apr 4 at 7pm**

### SCHOOL NEWS

**Mar 7 No School (Teacher Workday)**  
**Mar 17-21 Spring Break**

**April 25 & 26**



**Tickets are available after Mass or call the school office 808.337.1351.**