

Dear Padre,

Who decided that fish isn't meat? I really dislike fish; also, it bugs me when my friends eat lobster for dinner on Fridays in the name of "sacrifice."

Latin is the official language of the Catholic Church. Canon law, as written in Latin, states that we must abstain from *carne* (meat), a word that refers to warm-blooded animals that walk on the ground. By that definition, fish is allowed.

You make an excellent point about the lobster dinners and the nature of sacrifice. In the document "Questions and Answers About Lent and Lenten Practices," the United States Conference of Catholic Bishops states, "While fish, lobster, and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer."

As we enter Lent, we must remember that our acts of penance should be more than thinking about just giving something up, like meat. Our fasting isn't just an external discipline—sacrifice for the sake of checking a box. It's supposed to be a sacrifice that leads us closer to God. When we take that deeper step ourselves, then we can invite our friends to go deeper, too. ●

Fr. Paul Borowski, CSSR / DearPadre.org



SWEET MARSHALLOW / SHUTTERSTOCK

A WORD FROM POPE FRANCIS
Jesus opposes the attractions of evil...by responding to temptations with the word of God, which says not to take advantage...to obtain privileges. Because true happiness and true freedom are not found in possessing, but in sharing; not in taking advantage of others, but in loving them; not in the obsession of power, but in the joy of service.

A circular inset image showing Pope Francis in profile, wearing his white papal attire and a white zucchetto, looking down at a book he is holding.

VATICAN MEDIA

ANGELUS, ROME, MARCH 6, 2022

Monday March 10 <i>Lenten Weekday</i> Lv 19:1–2, 11–18 Mt 25:31–46	Thursday March 13 <i>Lenten Weekday</i> Est C:12, 14–16, 23–25 Mt 7:7–12	Saturday March 15 <i>Lenten Weekday</i> Dt 26:16–19 Mt 5:43–48
Tuesday March 11 <i>Lenten Weekday</i> Is 55:10–11 Mt 6:7–15	Friday March 14 <i>Lenten Weekday</i> Ez 18:21–28 Mt 5:20–26	Sunday March 16 <i>Second Sunday of Lent</i> Gn 15:5–12, 17–18 Phil 3:17–4:1 or 3:20–4:1 Lk 9:28b–36
Wednesday March 12 <i>Lenten Weekday</i> Jon 3:1–10 Lk 11:29–32		

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

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Our Parish COMMUNITY

March 9, 2025
First Sunday of Lent (C)
Deuteronomy 26:4–10 / Romans 10:8–13 / Luke 4:1–13

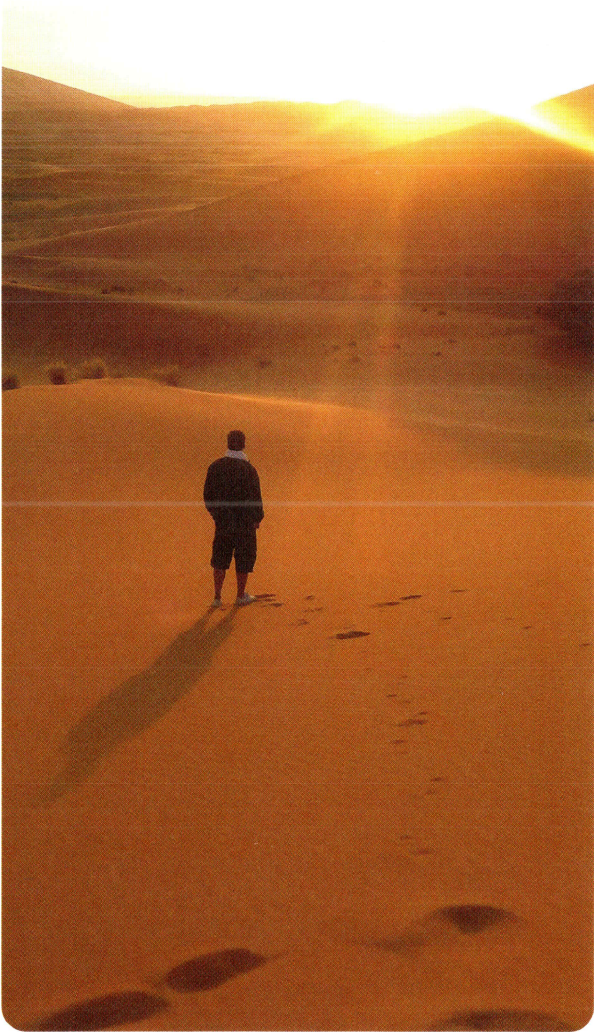


Living in Fantasy

FR. JOSEPH JUKNIALIS

Filled with the Holy Spirit,
Jesus returned from the Jordan
and was led by the Spirit into the desert
for forty days, to be tempted by the devil.

LUKE 4:1–2A



I *f I Were a Horse* by Elizabeth Bridgman is a children's story about Jenny, who daydreams about being a horse and then accepts her true reality, as she realizes no one will recognize her as a horse. In the end, she finds that she likes herself as she truly is. The story may also be a metaphor for our human fantasy about sin, by which we try to redefine the world on our own terms, only to realize that life does not go so well when we do this. It is our stealing by which we pretend that something belongs to us rather than to another. It is our lying that attempts to redefine truth in terms of what we want life to be, rather than in what life really is. It is our addictions that redefine the source of meaning and life not as God, but as ourselves and our wants. Lent brings us face to face with who we are—which is not a horse (real or otherwise), but, by God's design, is a daughter or son of God.

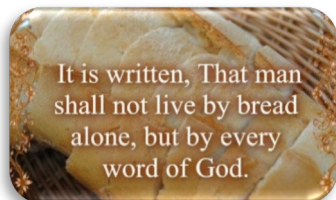
The temptations Jesus experienced in the desert were temptations to define life on his own terms, just as we are often tempted to do. Yet, Jesus was the one who got it right. For him, stones were stones, not bread. Power and glory were God's, not his. He would not put God to the test, thinking he could manipulate God and get God to do what Jesus wanted. Jesus was the faithful one. ●

Reflect

What about my life do I struggle to accept?

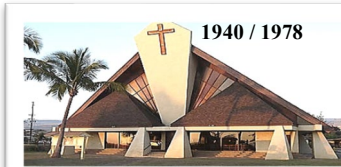


Sacred Heart of Jesus & Mary at Waimea



St. Theresa Parish

Established January 21, 1941
P.O. Box 159, Kekaha, HI 96752



Vision / Mission Statement
To make St. Theresa Parish
a dynamic Christian community of
worship & service



St. Theresa School at Kekaha



STEWARDSHIP OF TREASURE

Mahalo for being as generous as your
means allow. God bless you!

Sunday Offerings

Kekaha \$ 2,029
Waimea 1,454

Other Donations

Ash Wednesday \$ 210
Augustine Educational Foundation 10
Candles 50
Catholic Relief Services 20
Cross We Share 250
Donation 500
Flowers 75
Funerals 300
Maintenance Fund 30
Mass Intentions 198
Missalettes 20
St. Theresa Choir 50

Feb 8, 2025 Kiawe Chicken Fundraiser

Sales & Donations \$19,695.00
Expenses 3,961.13
Profit \$15,733.87

Mahalo everyone!

Fridays during Lent are obligatory
days of abstinence.

The norms concerning abstinence from
meat are binding upon members of the
Latin Catholic Church from age 14
onwards.

Prepare your heart for Easter at STC

STATIONS OF THE CROSS

Fridays during Lent at 6pm

Mar 7 - Apr 11

FIRST FRIDAY HOLY HOUR on Apr 4
will begin with 6pm Stations.

SCHOOL NEWS

Mar 17-21 Spring Break
Mar 26 No school (Kuhio Day)
Apr 18 No school (Good Friday)
Apr 25-26 School Carnival Tickets
available after Mass or in the office.



JUBILEE 2025

iubilaeum2025.va/en.html

According to the Jubilee logo's designer, Giacomo Trevisani, his
graphic choices and the research behind the creation of the logo
suggest that the Pope guides humanity through a cross that acts
as an anchor, with people clinging to him, symbolizing pilgrims
throughout history.

The four stylized figures symbolize humanity coming from the four
corners of the earth. They embrace one another to illustrate the
solidarity and fraternity that connect people. The four colors—red,
orange, green, and blue—represent the shades of the rainbow.

The figure in red holding the Cross represents faith in the crucified
and risen Lord. We hold firmly to this faith, as we always need
hope, which is found in Jesus, especially during our times of great
need.

Holy Father's March intentions: For families in crisis

Let us pray that broken families might discover the cure
for their wounds through forgiveness,
rediscovering each other's gifts, even in their differences.

Adult RE: Lenten Study

Mondays at 6pm. All are welcome!
4526B Alae Rd, Kekaha

Mar 10 The Mass (part one)
Mar 17 Seven Deadly Sins
Mar 24 Confession
Apr 7 The Mass (part two)
Apr 14 The Passion

MINISTRY NEWS

K-12 Religious Education Classes meet Thursdays at 6:30pm.
No classes on Mar 20.

Youth Ministry Grades 6-12 meet in the parish hall following
8:30am Mass on the 1st and 3rd Sundays.

OCIA (Order of Christian Initiation of Adults) Contact Deacon
Ron if you are interested. Call or text 907-978-4018.

Choir practice Thursdays at 4:30pm at STC. All are welcome.

** Finance meeting Tue, Mar 11 at 5:30pm. **
** Worship meeting Tue, Mar 18 at 6pm. **

Parish Directory

Clergy



Reverend Edwin D. Conselva, MS,
Pastor 808-337-1784
Deacon Ron Jones 907-978-4018
Deacon Jim Bostick, retired 808-337-1124

Parish Office

Mass Intentions / Hospital or Homebound
Communion / Weddings / Marriage
Convalidations / Baptisms / Funerals
Dee Young, Parish Secretary 808-337-1548
M-F, 8am-noon sttheresac@yahoo.com

PPC Raynette Newall

Worship / HI Catholic Herald parish articles
Chantal Duarte 808-634-0403

Bulletin / Website Betsy Jones 907-347-6618

Evangelization Commission

Director of Religious Education
Sr. Gloria Camitan, O.P. 808-337-1548

OCIA Deacon Ron Jones 907-978-4018

Youth Coordinator
Rena Ulanday 808-635-2701

Social Services Commission

Respect Life call parish office 808-337-1548
Agency on Elderly Affairs 808-241-4470

St. Theresa School

808-337-1351 sttheresakauai.com
M-F, 7:30am-3:00pm
HCH school articles

1st Sunday of Lent
March 9, 2025

I have now brought you the
first fruits of the products of
the soil which you, O Lord,
have given to me.
Deuteronomy 26:10

This line from the Old
Testament offers two
challenges. First, do you give
to God from your "first fruits"
- the first and best that you
have to offer? Or do you give
from what you have leftover?

Second, do you realize that
everything you have and that
everything you are has been
given to you by God?
We aren't owners of
anything, we are merely
stewards of God's gifts.

Pray for a grateful and
generous heart, every day,
in all circumstances.

~ Archdiocese of St. Louis



St. Theresa Church - Kekaha

Sat 5pm Vigil Mass
Sun 7:45am Rosary, 8:30am Mass
Weekdays 6:30am Mon-Thu,
8:10am Fri (all are
welcome to attend the
School Mass each Friday)

Wed 6pm Rosary to Our Lady of
Fatima & Novena to OLPH
First Friday Holy Hour 6-7pm
with Exposition of the Blessed
Sacrament & Benediction



Sacred Heart of Jesus & Mary
Church - Waimea

Sun 7am Mass
First Saturday Devotion to the
BVM 8-9am

Confessions

Saturdays at 4:30pm or call the
parish office to schedule an appt.

View the bulletin in color at
kekahacatholic.com