

# Dear Padre,

## Is it sacrilegious to throw away a sacramental?

“Sacramentals do not confer the grace of the Holy Spirit in the way that the sacraments do, but by the Church’s prayer, they prepare us to receive and dispose us to cooperate with it” (*Catechism of the Catholic Church*, 1670). Therefore, sacramentals confer grace through the Church’s power of prayer and, if blessed, should not be thrown away but burned and/or buried. If the object has not been blessed, it can be discarded; however, it could also be donated to a Catholic ministry (school, prison, hospital, etc.) that would benefit from its distribution. (If a religious object was included in an unsolicited appeal letter from a charitable organization, it is safe to assume that it was not blessed.)

If the object is worn or broken, it should be substantially altered so that it loses its form as a sacramental and then returned to the earthly elements. For example, a worn scapular should be burned and the ashes buried; a damaged statue should be further broken into smaller fragments and buried. A European tradition on the Vigil of the Nativity of Saint John the Baptist (June 23) is to burn old sacramentals in bonfires and bury the ashes. Burning and/or burial respects the sacred nature once held by these items and prevents their adaptation for trivial use. Reverence and discretion are proper for whatever method of disposal. ●

Fr. Byron Miller, CSsR / DearPadre.org

## Do you have a question for the Padre?

Go to [DearPadre.org](#) to send your question and to learn more about *Dear Padre*.



THAO PHILIP SANSONOWSKI / SHUTTERSTOCK

### A WORD FROM POPE FRANCIS

*To follow [Jesus]...means “carrying one’s cross”: shouldering, like him, one’s own burdens and those of others, making one’s life a gift, not a possession, spending it in imitation of his own generous and merciful love for us. These are decisions that engage the totality of our lives.*

HOMILY, ROME,  
SEPTEMBER 4, 2022

GOOGLE GEMINI



#### Monday

September 1  
Weekday  
1 Thes 4:13–18  
Lk 4:16–30

#### Tuesday

September 2  
Weekday  
1 Thes 5:1–6, 9–11  
Lk 4:31–37

#### Wednesday

September 3  
St. Gregory the Great, Pope and Doctor of the Church  
Col 1:1–8  
Lk 4:38–44

#### Thursday

September 4  
Weekday  
Col 1:9–14  
Lk 5:1–11

#### Friday

September 5  
Weekday  
Col 1:15–20  
Lk 5:33–39

#### Saturday

September 6  
Weekday  
Col 1:21–23  
Lk 6:1–5

#### Sunday

September 7  
Twenty-third Sunday in Ordinary Time  
Wis 9:13–18b  
Phlm 9–10, 12–17  
Lk 14:25–33

# Our Parish COMMUNITY

August 31, 2025

Twenty-second Sunday in Ordinary Time (C)

Sirach 3:17–18, 20, 28–29 / Hebrews 12:18–19, 22–24a / Luke 14:1, 7–14



## Life Out of Focus

FR. JOSEPH JUKNIALIS

I found myself angry the other day, as we all do, I suppose, whenever we put our foot in our mouth, or forget about an important engagement, or scramble whatever it was we had hoped would be picture-perfect. What I had scrambled was a homily. For some reason, the image came out wrong, or the example did not fit, or it just did not come together the way I had hoped. And I was angry with myself to the point that it caught me off guard. It was an unexpected glimpse of what I didn’t want to admit: the fact that the way people might perceive me as a preacher had taken on more importance than preaching God’s word. Life had gotten out of focus. A perspective had been lost.

It happens to us all in the course of our lifetimes,

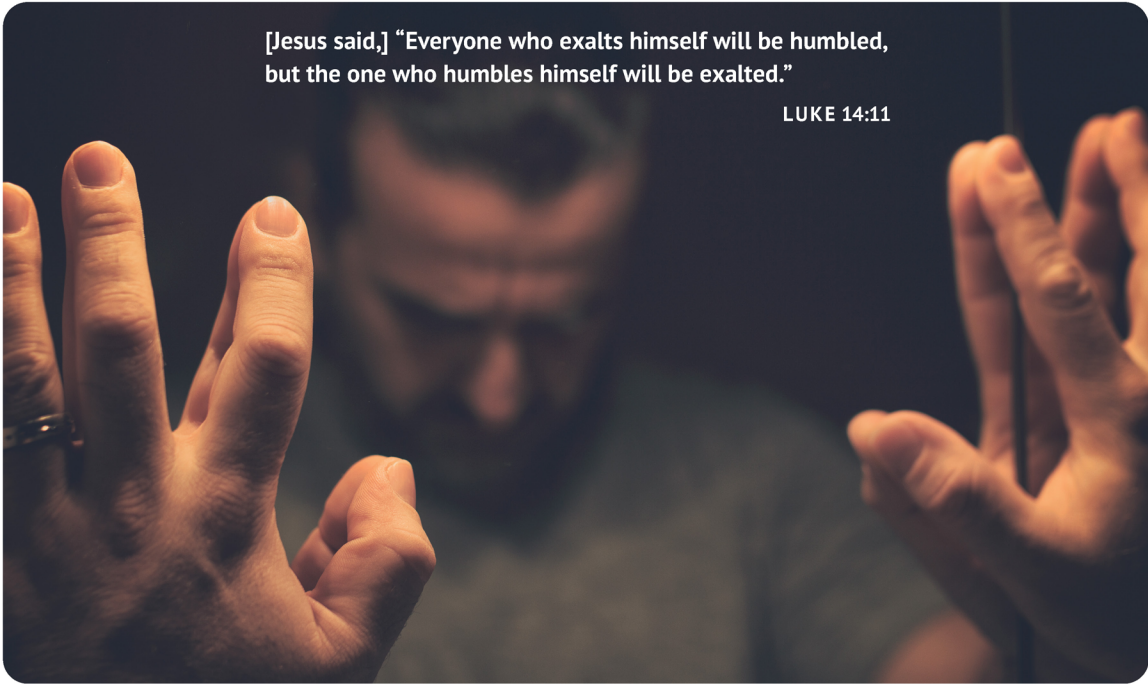
and more than once. Grades become more important than learning, or being right more important than the relationship, or the address of where we live more important than the people living together. It happens between parent and child when a parent places greater significance on the son’s or daughter’s profession than on that son’s or daughter’s happiness. Like in the parable of Jesus, where we sit at table takes on greater meaning than the people who gather or the meal that is shared. That is what pride does. It distorts what is real and shifts the focus of life to ourselves. The antidote? A prayerful awareness of who we are and who God is. ●

### Reflect

*What is more important to me than it should be?*

[Jesus said,] “Everyone who exalts himself will be humbled, but the one who humbles himself will be exalted.”

LUKE 14:11







Sacred Hearts of Jesus & Mary at Waimea



# St. Theresa Parish

Established January 21, 1941  
P.O. Box 159, Kekaha, HI 96752



Vision / Mission Statement  
To make St. Theresa Parish  
a dynamic Christian community  
of worship & service



St. Theresa School at Kekaha



Parish Directory  
Clergy  
Reverend Edwin D. Conselva, MS, Pastor 808-337-1784  
Deacon Ron Jones 907-978-4018  
Deacon Jim Bostick, retired 808-337-1124  
Parish Office  
Mass Intentions / Hospital or Homebound  
Communion / Weddings / Marriage  
Convalidations / Baptisms / Funerals  
Dee Young, Parish Secretary 808-337-1548  
M-F, 8am-noon sttheresas@yahoo.com  
PPC Raynette Newall  
Worship / HI Catholic Herald parish articles  
Chantal Duarte 808-634-0403  
Bulletin / Website Betsy Jones 907-347-6618  
Evangelization Commission  
Director of Religious Education  
Sr. Gloria Camitan, O.P. 808-337-1548  
OCIA Deacon Ron Jones 907-978-4018  
Youth Coordinators  
Blu & Rena Ulanday 808-635-2701  
Social Services Commission  
Respect Life call parish office 808-337-1548  
Agency on Elderly Affairs 808-241-4470  
St. Theresa School  
Wendy Souza, Principal  
808-337-1351 sttheresakauai.com  
Office hours M-F, 7:30am-3pm  
HCH school articles

22<sup>nd</sup> Sunday in Ordinary Time  
August 31, 2025  
Rather, when you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you. Luke 14:13-14  
One of the main principles of living a stewardship lifestyle is to give without expecting anything in return. This is difficult to comprehend in our "consumerist" culture that we live in. This is even difficult for many parish communities that have become heavily dependent on parish fundraising events to support the mission and ministry of their local parish. Generally speaking, at a parish fundraiser, you pay money and receive something in return, it's just a financial transaction. This is opposed to our parish offertory at Holy Mass, where you unite your sacrifice with Jesus', renewing your covenant relationship with Him.  
~Archdiocese of St. Louis

St. Theresa Church – Kekaha  
Sat 5pm Vigil Mass  
Sun 7:45am Rosary, 8:30am Mass  
Mon-Thu 6:30am Mass, Fri 8:10am School Mass  
Weekday Masses subject to change.  
Wed 6pm Rosary to Our Lady of Fatima & Novena to OLPH  
First Friday Holy Hour 6-7pm with Exposition of the Blessed Sacrament & Benediction  
Confessions 4:30pm Saturday (or call the parish office for appt.)  
Sacred Hearts of Jesus & Mary Church – Waimea  
Sun 7am Mass  
First Saturday Devotion to the BVM 8-9am  
View the bulletin online: kekahacatholic.com

STEWARDSHIP OF TREASURE  
✠ Mahalo for being as generous as your means allow. God bless you! ✠  
Sunday Offerings  
Kekaha \$ 1,881  
Waimea 1,008  
Other Donations  
Candles \$ 31  
Mass Intentions 155  
Religious Articles 337  
✠

Portuguese Sausage Fundraiser  
Gross Sales \$ 6,721.00  
Donations 130.00  
(less Expenses) (4,543.29)  
Net Profit \$ 2,307.71

MINISTRY NEWS  
Religious Education classes resume Thu, Sep 25 at 6:30pm at St. Theresa School. Registration forms can be found at the Usher's table at St. Theresa Church.  
Youth Ministry for grades 6-12 resumes Sun, Sep 7 after the 8:30am Mass at the Parish Hall.  
OCIA (Order of Christian Initiation of Adults) Interested in becoming Catholic, or just want to learn more about your faith? Weekly classes begin Thu, Sep 11 from 6-7:30pm at St. Theresa Church. To register, contact Deacon Ron at 907.978.4018.  
Choir practice Thursdays at 4:30pm at STC. All are welcome.

ST. THERESA SCHOOL NEWS  
Sep 1 No School (Labor Day)  
Sep 5 No School (Teacher Workday)  
View current job openings at https://www.catholichawaii.org/about-us/careers/.

BIBLE STUDY Mondays 6 to 7:30pm  
Led by Deacon Ron. All are welcome!  
4526B Alae Rd, Kekaha  
(No gathering on Sep 1, Labor Day)

YOUTH MINISTRY  
St. Theresa's Youth Ministry resumes on September 7th after the 8:30am Mass at the Parish Hall.  
All students in grades 6 through 12 are encouraged to be a part of the Youth Ministry.  
Monthly meetups are every 1st & 3rd Sunday after the 8:30am Mass at the Parish Hall.  
Come and enjoy all the activities that are planned for the new school year!  
For more information, contact Blu or Rena Ulanday, Youth Ministry Coordinators, at 808.635.2701.

THE CATHOLIC UNIVERSITY OF AMERICA  
The 2<sup>nd</sup> collection next weekend will support future Catholic leaders, both religious & lay, who are being formed by an exceptional, faith-rooted education.  
Please be generous.  
ST. THERESA CHURCH OFFICE  
will be closed Sep 1  
in observance of Labor Day.